Davie County Senior Services Nutrition Program Menu September 2015

Monday	Tuesday	Wednesday	Thursday	Friday
September	Smothered Chicken Seasoned Mashed Potatoes Seasoned Peas Dinner Roll Fresh Orange Milk	Pinto Beans w/Ham Macaroni & Cheese Seasoned Cabbage Slice Bread Grape Juice Milk	Hot Dog w/Chili Whole Kernel Corn Creamy Coleslaw Bun Fruit Cup Milk	Salmon Patty w/Ketchup Parsley New Potatoes Turnip Greens Dinner Roll Pudding Milk
CLOSED HAPPY LABOR DAY LABOR DAY	8 Swiss Steak w/Tomatoes Seasoned Mashed Potatoes Mixed Vegetables Dinner Roll Pineapple Tidbits Milk	Barbecued Pork Buttered Spinach Whole Kernel Corn Dinner Roll Assorted Cookies Milk	10 Chopped Steak w/Peppers & Brown Gravy Steamed Rice Green Beans Dinner Roll Chilled Fruit Cup Milk	11 Braised Pork Chop Pinto Beans Turnip Greens Cornbread Vanilla Pudding Milk
Fried Fish Parsley Whole Potatoes Coleslaw Dinner Roll Grape Juice Milk	Chopped Steak w/Brown Gravy Seasoned Peas Seasoned Carrots Wheat Roll Cranberry Juice Milk	Roast Turkey Cornbread Stuffing Harvard Beets Baked Apples Grape Juice Garnish Cranberry Sauce Milk	17 Lemon Pepper Chicken Candied Yams Cauliflower Biscuit Chocolate Pudding Milk	Beef Tips with Gravy Pinto Beans Vegetable Medley Dinner Roll Fruit Cup Milk
Sweet & Sour Chicken Seasoned Mashed Potatoes Broccoli Dinner Roll Assorted Cookie Milk	Spaghetti & Meat Sauce Italian Vegetables Dinner Roll Pineapple Tidbits Milk	Chicken & Dumplings Seasoned Carrots Coleslaw Slice Bread Pudding Milk	Meatloaf Macaroni & Cheese Chef Cut Vegetables Dinner Roll Pineapple Juice Milk	Country Baked Chicken w/Gravy Seasoned Mashed Potatoes Chef Cut Vegetables Diced Peaches Dinner Roll Milk
Turkey A La King Steamed Rice Okra & Tomatoes Slice Bread Assorted Cookies Milk	Salisbury Steak Navy Beans Broccoli Dinner Roll Apple Slices Milk	30 Pork Cutlet Supreme Scalloped Potatoes Seasoned Cabbage Cornbread Assorted Cookies Milk		

Menu substitutes may occasionally have to be made of equal nutritional value.